

An Embodied Conversation with the Internalized Colonizer

Explore and make visible the ways in which colonialism lives in all of us, as individual and collective. This highly experiential series will use ceremony, systemic family constellations, facilitated conversation, ancestral prayer, and meditation to:

- Disentangle the relationship between belonging, race, ancestry, and power
- Re-member the invisible truths held in your body
- Reclaim belonging for all
- Learn how the shadows of colonialism influence our livelihoods, families, work, health, economy, organizations, and communities
- Recognize and shift patterns of taking what there is no right to take
- · Access ancestral strength to support us in facing the future on solid ground
- Unleash creativity

When: Four First Saturdays: February 1, March 1, April 5, May 3, 2014

9am to 5pm

Where: Eastside Baha'i Center | 16007 NE 8th St. Bellevue, WA 98008

Who: • Healing arts professionals

• Business owners

- Educators
- Professionals working with organizations and institutions
- Those new and seasoned in the constellation field
- All who desire healing of historic injustice
- People seeking wholeness and wellness
- Future ancestors (that's all of us!)

Why: Because we are all in it together.

Fee: \$125 per day | \$200 for 2 days | \$325 for 3 days | \$425 for 4 days

Participate in one, some, or all days. Group, family, and organizational rates available.

Registration and FAQ available @ http://FamilyConstellationsWest.com

Have questions or need assistance? Contact Aysha: ayshahaq@mac.com or 206.601.8861